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Following several years of working in a law office and in practice on private and public law, enables her to teach the theory with valuable practical examples. She has developed her doctoral thesis by introducing the concept of decision-making capacity in healthcare and the procedure for assessing this capacity in Latvia.

She actively participates in international scientific conferences and publishes her research results, focusing on issues at the intersection of law, health policy, environmental law and public law. She addresses topics such as the protection of the most vulnerable, mental health, health ethics, responses to the pandemic, the right to health, sustainable healthcare and pharmaceutical law. Recently, she has been involved in research covering the legal regulation of cybersecurity, AI and digital transformation.

PhD. Laura Kadile teaches courses in EU health law, Contract law and Introduction to Civil law at the Riga Graduate School of Law. She also delivers visiting lectures abroad.